

LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
					8:50 Hata Yoga
10:00 Ballet Fit®				10:00 Oriental Tone	10:00 Mamma Bimbo
10:30 Pilates Dance	10:30 Mamma in Forma				11:00 Mamma Bimbo
11:00 Power Yoga	11:30 Stretching Posturale	11:00 Yoga&Dance in Fascia			
13:00 Pilates Mat		13:00 Pilates Mat			
16:00 Dazantricità 16:00 Pilates		16:00 Danza Orientale Teen			
17:00 Danzatriceità	17:00 Yoga Bimbi 17:00 Pilates	17:00 Danzatriceità in Fiaba 17:00 Oriental Tone	17:00 Danza Baby 17:00 Total Rock	17:00 Danza Orientale	
17:30 Yoga&Dance in Fascia					
18:00 Ballet Fit®	18:00 Yoga in Gravidanza 18:00 Pilates Dance	18:00 Danza Classica	18:00 Pilates Mat	18:00 Yoga in Gravidanza	
18:30 Pilates Mat		18:30 Pilates Mat	18:30 Total Rock	18:30 Oriental Tone	
19:00 Power Yoga	19:00 Pilates Mat 19:00 Yoga in Gravidanza	19:00 Yoga Dance Flow	19:00 Ballet Fit®	19:00 Yin Yoga	
19:30		19:30 Pilates Barre	19:30 Pilates Mat	19:30 Oriental Tone	
20:00 Modern Fit	20:00 Burlesque 20:00 Ballet Fit®	20:30 - 22:00 Musical	20:00 Danza Classica		
20:40 Burlesque			20:30 Pilates Barre		